

Loss of bladder control is no laughing matter

Talk to your doctor if . . .

- You leak urine on a daily basis.
- You feel the need to go urgently or suddenly.
- You leak urine occasionally when you laugh or sneeze.
- You are treating the problem with bladder exercises.



25 million people in the U.S., 25% of men and 75% of women, suffer from incontinence, or loss of bladder control. Too often, people will wait years before seeing a health care provider for incontinence. Don't wait, your doctor can help. If you're worried about incontinence, ask your doctor at today's visit.