

# What is the ADC Chronic Care Management Program?

We realize that as you get older it becomes more difficult to manage multiple medical conditions. The ADC Chronic Care Management (CCM) program focuses on keeping you healthier at home between your regular doctor appointments. We make you a priority and help you stay on top of your health with important reminders and suggestions.

## Benefits of the CCM program include:

- A dedicated care coordination team will contact you between doctor visits to discuss your health concerns, review your medications, and make sure that you are up to date on any preventive services.
- We will work with you to create a personalized plan of care and set goals that will lead to better health. You will receive a copy of your care plan to make it easier for you and your caregivers to consistently manage your chronic conditions at home.
- We will work closely with other providers who are involved in your care and provide you with any additional resources or education you may need.
- We hope to enhance communication with your doctor and care team outside of the office to better understand how we can help you achieve your health goals.
- We also hope to reduce costly doctor visits or hospitalizations by discussing your symptoms and managing them quickly to prevent unnecessary complications.
- You will have access to a healthcare professional 24 hours a day, 7 days a week.

ADC Chronic Care Management (CCM) services are an insurance benefit and will be covered 80% by Medicare. The remaining 20% will be the patient's responsibility which equals around \$8 per month. Sometimes, supplemental insurance may cover some or all of the \$8 per month copay. You will need to check with your individual insurance for coverage questions. You can opt out of CCM services at any time by notifying the physician's office that you signed up with for this service.

**Good communication between you and your healthcare team helps to improve the quality of your medical care. Ask your doctor about enrolling in the CCM program today.**