Patient’s Guide to Vein Therapy

1. We will schedule you to see Dr. Imsais for an evaluation of varicose veins.

2. If necessary, he will ask you to please schedule a vein-mapping ultrasound. The duration of the ultrasound (1-2 hours) is determined by the severity of the varicose veins.

3. Dr. Imsais will see you on the same day you have your vein mapping exam so he can discuss the results with you.

4. If your results are revealed to be significantly abnormal, Dr. Imsais will recommend that you wear compression stockings for up to 3 months. Should compression stockings be recommended, we will also call your insurance company to obtain authorization for Venous Ablation. Venous Ablation is a 1 hour, in-office procedure that is performed to treat symptomatic varicose veins.

5. After wearing compression stockings for 3 months, Dr. Imsais will ask to see you so that he can discuss the procedure, sign the necessary consent forms and answer any questions you may have.

6. Upon completing the post-compression-stockings visit with Dr. Imsais, you will have the option to schedule Venous Ablation, if indicated.

7. For the procedure, you will be prescribed a mild sedative to take just prior the procedure. For this reason, you will need to have a driver accompany you.

You will also need to bring your compression stockings to the procedure.

8. After the procedure, you can resume normal activity the following day with the exception of not using a bathtub, Jacuzzi, pool etc., not performing aerobic exercise, or lifting more than 25 lbs for 2 to 4 weeks following the procedure.

9. Following the venous ablation, you will need to schedule a limited ultrasound that takes 30 minutes or less to complete.

**There are 4 veins that are usually the cause or source of these varicose veins. Some patients may need to have 1 vein treated and some will need all 4 veins treated. If you need multiple veins treated, we will usually schedule multiple procedures one week apart from each other.

Please note: We only treat medically necessary varicose vein at this time. We do NOT treat spider veins which are considered cosmetic.

*Please contact ADCcardiology at 512-901-4051 to schedule a vein clinic appointment.*

Joseph Imsais, M.D., F.A.C.C.

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