



**The Nutrition  
Services  
Department  
of The Austin  
Diagnostic Clinic**

A registered dietitian consults with you regarding your diet history and provides a nutritional assessment.

A nutrition care plan is designed to meet your nutritional needs. Specialized diet instruction is available for :

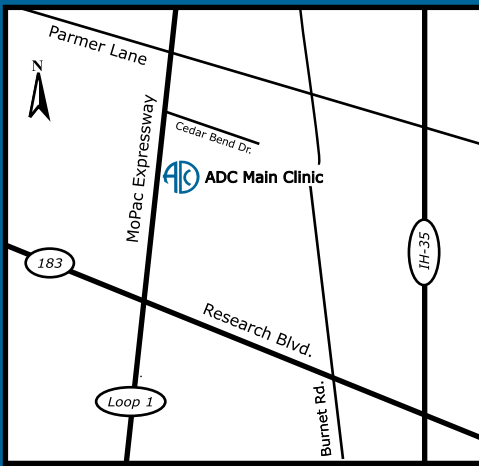
- Diabetes, including gestational diabetes
- Hypoglycemia (low blood sugar)
- Hyperlipidemia (high cholesterol and triglycerides)
- Hypertension (high blood pressure)
- Weight loss and obesity
- Cancer
- Irritable Bowel Syndrome
- Pregnancy
- Celiac Disease (Gluten Free Diet)
- Nutrition for the elderly
- Other nutritional needs

**We Can Help . . .**

Behavior modification, or changing old habits, to meet your goals is emphasized, and follow-up visits to review your progress are encouraged.

For additional information about the programs of the **Nutrition Services Department of The Austin Diagnostic Clinic, (512) 901-4908.**





## The Austin Diagnostic Clinic Nutrition Services

12221 N. MoPac Expressway  
2nd Floor, South Entrance

**Appointments**  
512/901-4055

**Information**  
512/901-4908



*For additional information about  
The Austin Diagnostic Clinic, our doctors or  
services, please visit us at [adclinic.com](http://adclinic.com)*



# Nutrition Services



**The Austin Diagnostic Clinic**  
*Let Our Family Care for Your Family*