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## CRYO-SURGERY FOR THE OB/GYN PATIENT

### ***What is Cryo Surgery?***

Cryo Surgery is a method of destroying diseased tissue by freezing. As applied to problems of the cervix, it is performed by the doctor in his office using a Probe with a silver tip. The tip is placed against the tissue and the freezing is started. Only the tip reaches the low temperature required to treat the area. You may notice a sound of air passing through the Probe. This is normal and is the sound of the refrigerant gas which cools the tip.

### ***Is it painful?***

Generally, no pain is felt, but occasionally some patients experience a mild cramping depending on the location and size of the area to be treated.

### ***Why Cryo-Surgery?***

The Doctor feels that in your case Cryo-Surgery is the best method to use. In addition to the absence of pain associated with this treatment, other benefits include:

1. Absence of scarring and stenosis, thus avoiding complications during subsequent childbirths.
2. Absence of unpleasant odors associated with burning tissue found in other methods of treatment.
3. Almost nonexistent posttreatment infection.
4. Treatment can be conducted with an I.U.D. in place.

### ***What precautions must I take after treatment?***

1. No sexual intercourse for at least 2 weeks.
2. A heavy flow of watery discharge may be expected to occur for the first 10-14 days, tapering off as healing proceeds, which can be as long as 6-8 weeks. Change pads frequently, but do not use tampons.
3. Slight spotting may occur, but no profuse bleeding.

### ***Is it covered by insurance?***

Most insurance companies will pay for this type of surgery according to the existing policy. Your doctor or his staff can further advise you on this.

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## POST-OP INSTRUCTIONS FOR LEEP AND CRYO

The doctor has removed either a piece of tissue from (LEEP) or frozen (CRYO) your cervix. Results of this test will be available in 1-2 weeks. You can expect a heavy vaginal discharge for 1-2 weeks. Please avoid intercourse, tampons, douching, and swimming for 2 weeks.

### ***Please call our office for:***

1. Fever greater than 101.0 degrees Fahrenheit.
2. Excessive bleeding (greater than one pad per hour).
3. Pain not controlled by over-the-counter medications.

The doctor may want to see you for a post procedure check. Another pap smear will be needed in about 3 months.

OB-04-0873