



**The Austin Diagnostic Clinic  
Gastroenterology Specialists**

North and South Austin offices  
512/901-4007 • [adclinic.com](http://adclinic.com)

**Your Doctor: Thomas Liebermann, M.D.**

**Your procedure is scheduled at:**

ADC Lakewood: 7600A Capital of Texas Highway (Loop 360),  
Building A, Austin, Texas 78731

**Preparation Instructions:**

**Colonoscopy with**

Prep-Start Date: \_\_\_\_\_

Procedure Date: \_\_\_\_\_

**GoLyte 2 Day Prep Afternoon**

Arrival Time: \_\_\_\_\_

Procedure Time: \_\_\_\_\_

**Preparation Instructions:**

You are scheduled for a colonoscopy, a procedure in which a doctor examines the lining of your large intestine by looking through a flexible tube called a colonoscope. If growths or other abnormalities are found during the procedure, the doctor may remove the abnormal tissue for closer examination or biopsy. **If this is a screening colonoscopy and a polyp is removed or other abnormalities revealed, YOUR CO-PAY WILL CHANGE. Contact your insurance company to see what your out of pocket expenses will be.**

**Please remember to arrange for a responsible adult to stay with you during your procedure and drive you home. If you do not have a responsible adult your procedure will be cancelled and rescheduled. Please review the preparation schedule below for the days preceding your colonoscopy. Should you need further assistance please call the office at (512) 901-7554.**

1 Week Prior	2 Days Prior	1 Day Prior	Procedure Day
<ul style="list-style-type: none"> <li>✓ Pick up GoLyte prescription from your pharmacy.</li> <li>✓ Purchase Dulcolax laxative tablets.</li> <li>▶ Arrange for a responsible adult to stay with you during the procedure and take you home post procedure.</li> <li>▶ If you take medications containing iron discontinue those <b>7 days</b> before your appointment. This includes multivitamins with iron.</li> <li>▶ Do not take oral hypoglycemics the morning of procedure. (Actos, Metformin, Glyburide, Januvia, Glipizide).</li> <li>▶ If you are on insulin, half the dosage the night before and hold on the medication the morning of the procedure.</li> <li>▶ <b>Stop taking these meds:</b> Asprin, Advil, Ibuprofen, Aleve, Mobic, (Hold for 2 weeks).</li> <li><b>Plavix or Coumadin (Only if okay with the prescribing physician.</b></li> <li><b>You may take Tylenol!</b></li> </ul>	<ul style="list-style-type: none"> <li>▶ <b>Begin full liquid diet.</b> Includes: Anything that can be pureed into liquid form that does not contain seeds or pulp .</li> <li><b>Do not drink anything red, blue or purple.</b></li> <li>▶ <b>8:00 am:</b> Take two 5mg Dulcolax tablets.</li> <li>▶ Fill the GoLyte prep solution with water or choice of clear liquid to the fill line and mix until the powder is dissolved and refridgerate if desired.</li> <li>▶ <b>4:00 – 8:00 pm:</b> Drink <b>2</b> liters of the GoLyte prep solution. Drink an 8 oz glass of solution every 15 minutes.</li> <li><b>If you experience nausea or vomiting take a 15-30 minute break, then continue drinking the prep solution.</b></li> </ul>	<ul style="list-style-type: none"> <li>▶ <b>Begin clear liquid diet.</b> Includes: Water, broth, coffee or tea without milk or creamer, Gatorade, soft drinks, juices (no pulp), Jell-O popsicles. No Dairy.</li> <li><b>Do not drink anything red, blue or purple.</b></li> <li>▶ <b>8:00 am:</b> Take two 5mg Dulcolax tablets.</li> <li>▶ <b>5:00 – 6:00 pm:</b> Drink <b>1</b> liter of the solution. Drink an 8 oz glass of solution every 15 minutes.</li> <li><b>If you experience nausea or vomiting take a 15-30 minute break, then continue drinking the prep solution.</b></li> <li><b><u>Nothing to eat or drink after midnight (except the AM portion of the prep)!</u></b></li> <li>Scheduling Information: 901-4496</li> <li>Clinical Information: 901-7554</li> </ul>	<p>Your test is scheduled in the afternoon:</p> <ul style="list-style-type: none"> <li>▶ <b>6:00 – 7:00 am:</b> Drink the remaining <b>1</b> liter of the solution. Drink an 8 oz glass of solution every 15 minutes until the solution is finished.</li> <li>▶ You may take your essential morning medications with a small sip of water, unless otherwise directed by your physician.</li> <li>▶ <b>Be sure to bring the following:</b> <ul style="list-style-type: none"> <li>✓ Responsible adult driver to stay with you and drive you home</li> <li>✓ Insurance Cards</li> <li>✓ Any co insurance fees due</li> <li>✓ Driver’s License</li> <li>✓ Medical Directive</li> </ul> </li> <li>▶ <b>Arrive one hour before scheduled procedure time.</b></li> </ul> <p><b>NOTE: There will be a \$75 charge if you cancel your procedure within 72 hours of your scheduled date.</b></p>