

General Information	5 Days Before Colonoscopy	1 Day Before Colonoscopy	The Day of Colonoscopy
<p>About Colonoscopy: Bowel preparation (cleansing) is needed to perform effective colonoscopy. Any stool remaining in the colon can hide lesions and result in the need to repeat the colonoscopy. It is critical that you follow the instructions as directed.</p> <p>Your physician will discuss your procedure with you when you are in the recovery room.</p> <p>Every effort will be made to keep your appointment at the scheduled time, but in medicine, unexpected delays and emergencies may occur and your wait time may be prolonged. We give each patient the attention needed for his or her procedure.</p> <p>What to Wear: Wear comfortable, loose fitting clothing that is easy to step into. Wear flat shoes or tennis shoes. Do not wear jewelry or bring valuables.</p> <p>Clear liquid diet: As a general rule – if you can see through it, you can drink it. Gatorade is the preferred clear liquid (no red or purple), clear fruit juices, white grape juice and apple juice, water, Kool-Aide, PowerAde (no red or purple), clear soup, broth or bouillon, popsicles (no red or purple), tea or coffee without cream, hard candies, soda pop, 7-Up, Sprite, regular or diet Pepsi, Coke, Dr. Pepper, Ginger Ale, orange soda (no red or purple), and Jello (no red or purple).</p> <p>NOTE: There will be a \$75 charge if you cancel your procedure within 3 business days of your scheduled date.</p> <p>Scheduling Information: 512/901-4496</p> <p>Clinical Information: 512/901-4714</p>	<p>Read all prep instructions! Contact prescribing physician for instructions on dosage of blood thinners.</p> <p>Stop herbals, vitamins and oral iron supplements.</p> <p>Arrange for a driver for your procedure.</p> <p>Conditions & Medications Please see the instructions on the previous page.</p> <p>2 Days Before Colonoscopy Obtain the following bowel preparation products from your pharmacy:</p> <p>MoviPrep is available by prescription only.</p> <p>Stop any anti-inflammatory medications, (Motrin, Advil, Ibuprofen). Celebrex and Tylenol are fine to use.</p>	<p>NO SOLID FOOD NO ALCOHOL Clear liquids ALL DAY Drink an extra 8 ounces of clear liquid every hour while awake. Gatorade is preferred.</p> <p>5 PM: Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve. If preferred, mix solution ahead of time and refrigerate. The reconstituted solution should be used within 24 hours. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 ounces), until the full liter is complete. Drink 16 ounces of the clear liquid of your choice.</p> <p>You are encouraged to continue to drink clear liquids until you go to bed.</p> <p>You may apply a petroleum based product or diaper rash ointment to the rectal area if you experience discomfort from frequent stools.</p> <p>Confirm that you have a driver for your procedure.</p>	<p>NO SOLID FOOD NO ALCOHOL</p> <p>You may take your morning medications with a sip of water.</p> <p>4-5 hours prior to leaving for the procedure. Empty 1 Pouch A and 1 Pouch B into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve. If preferred, mix solution ahead of time and refrigerate. The reconstituted solution should be used within 24 hours. The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 ounces), until the full liter is complete. Drink 16 ounces of the clear liquid of your choice.</p> <p>Have nothing to eat or drink for 3 hours prior to procedure.</p> <p>After the procedure you may eat your usual diet unless otherwise directed. Drink 8 ounces of liquid at least 6 times after the procedure and before retiring for the night.</p> <p>Your driver must remain in the facility during your procedure!</p>