

A MESSAGE FROM OUR NEW DERMATOLOGIST



Jeffrey Boos, M.D.
Dermatologist
*The Austin
Diagnostic Clinic*

To make an appointment
with an ADC
dermatologist, call

ADC Main Clinic
512-901-4004

ADC South
512-460-3401



ADC Main Clinic
12221 N. MoPac

Eczema is an itchy, chronic eruption of the skin. Eczema can affect any part of the body, but it usually appears on the arms and behind the knees. While doctors don't know exactly what causes eczema, it may result from a problem in the body's immune functions. Here are answers to commonly asked questions about eczema.

Q. What does eczema look like?

A. Though it varies from person to person, eczema is most often characterized by dry, red, itchy patches on the skin.

Q. Who gets eczema?

A. It usually appears in infants, but it occurs in adults as well. It often affects people with a family history of allergies. Many people who have eczema also have asthma. Nearly half of the infants who have eczema will see a great improvement in symptoms by the time they are young adults.

Q. How common is eczema?

A. The National Institutes of Health (NIH) estimate that about 15 million people in the U.S. have some form of eczema.

Q. How do I prevent breakouts?

A. Eczema breakouts can usually be avoided by moisturizing frequently, avoiding sudden temperature and humidity changes, reducing stress, avoiding scratchy materials in clothing, and avoiding harsh soaps and detergents.

The Austin Diagnostic Clinic (ADC) employs board-certified dermatologists who diagnose and treat skin conditions. Dermatologists can also identify skin problems that may be caused by other underlying medical problems. In addition to Jeffrey Boos, M.D., ADC Dermatology includes Mary Evers, D.O., and Stacia Miles, M.D.