



The Austin Diagnostic Clinic
 Allergy & Immunology Department
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 and Round Rock

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Building to Maintenance

Maintenance dose is usually 0.50 ml - 0.80 ml of “concentrate” based on the formula ordered by your physician.

Concentrate plus four dilutions, (7) steps per vial, 35-38 steps to get to your maintenance dose.

	First silver vial (1:10,000)	Second blue vial (1:1000)	Third green vial (1:100)	Fourth gold vial (1:10)	Fifth red vial (Concentrate)
1 st Dose	0.05 ml	0.05 ml	0.05 ml	0.05 ml	0.05ml
2 nd Dose	0.10 ml	0.10 ml	0.10 ml	0.10 ml	0.10 ml
3 rd Dose	0.15 ml	0.15 ml	0.15 ml	0.15 ml	0.15 ml
4 th Dose	0.20 ml	0.20 ml	0.20 ml	0.20 ml	0.20 ml
5 th Dose	0.30 ml	0.30 ml	0.30 ml	0.30 ml	0.30 ml
6 th Dose	0.40 ml	0.40 ml	0.40 ml	0.40 ml	0.40 ml
7 th Dose	0.50 ml	0.50 ml	0.50 ml	0.50 ml	0.50 ml
					(0.60 ml)
					(0.70 ml)
					(0.80 ml)

Minimum is one step per week: 35 – 38 weeks to achieve maintenance.

Maximum is “Modified Rush Immunotherapy”:

- In three lowest dilutions, one dose twice a day on consecutive days Mon-Fri
- In fourth dilution, one dose per vaccine once a day on consecutive days
- In concentrate vial, one dose per vaccine every other day
- 30 minute minimum wait between doses
- 20 minute wait after a dose before leaving (no exceptions) **** failure to wait designated time may result in termination of your immunotherapy**

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1 st vial, 1 st , 2 nd	3 rd , 4 th	5 th , 6 th	7 th , 2 nd vial 1 st	2 nd , 3 rd
4 th , 5 th	6 th , 7 th	3 rd vial 1 st , 2 nd	3 rd , 4 th	5 th , 6 th
7 th , 4 th vial 1 st	2 nd	3 rd	4 th	5 th
6 th	7 th	5 th vial 1 st ,		2 nd
3 rd		4 th		5 th
6 th		7 th		
		(maintenance @ 0.50 ml)		

- Minimum, maximum, or anything in between is okay.
- Schedule each week does not need to be the same.
- Injections given on first come, first served basis, no appointment necessary.
- Adjustments to immunotherapy may be required as you proceed with the program.
- Please refer to the allergy web page “Office Procedures” for shot hours