



MEDICATIONS IN PREGNANCY & LACTATION

PREGNANCY RISK CATEGORIES

- Cat. A..... controlled studies fail to demonstrate a fetal risk in 1st trimester, fetal harm appears remote
- Cat. B animal studies show no fetal risk/no controlled studies in preg women///animal studies showed adverse risk but not confirmed in controlled studies in women in their 1st trimester. (No evidence of risk in later trimesters).
- Cat. C controversial: animal studies revealed fetal adverse effects with no controlled studies in women
- Cat. D positive evidence of fetal risk but benefits from use may be acceptable despite risk//use only if otherwise life-threatening
- Cat. X studies in animals or humans have demonstrated fetal abnormalities or there is evidence of fetal risk/risk outweighs benefit

LACTATION RISK CATEGORIES

- L1 Safest taken by a large number of breastfeeding moms without any observed increase in adverse effects in infants
- L2 Safer studied in a limited number of breastfeeding moms without any observed increase in adverse effects in infants
- L3 Moderately Safe controversial: no controlled studies in breastfeeding moms; risk of adverse effects minimally possible
- L4 Possible Hazardous positive evidence of risk to breastfed infant or breastmilk production; benefits may be ok despite risk
- L5 Contraindicated studies show significant and documented risk or high risk for causing significant damage to the infant

Medication Pregnancy Lactation

Medication	Pregnancy	Lactation	
Accupril	D	L2	L4 if used early postpartum---ACE inhibitor, antihypertensive
Accutane	X	L5	vitamin A derivative used for acne
Acetaminophen (Tylenol)	B	L1	analgesic, antipyretic
Actonel	C	L3	prevents bone resorption
Actos	C	L3	oral antidiabetic
Acyclovir	C	L2	antiviral
Advair	C	L3	antiasthmatic
Aerobid	C	L3	inhaled steroid
Albuterol	C	L1	bronchdilator for asthma
Alcohol	D	L3	depressant
Aldactone	D	L2	potassium sparing diuretic
Aldomet	C	L2	antihypertensive
Allegra	C	L2	antihistamine
Allergy Injections		L1	desensitizing injections
Alprazolam (Xanax)	D	L3	sedative
Altace	D	L3	ACE inhibitor, antihypertensive
Amaryl	B	L4	reduces plasma glucose
Ambien	B	L3	sedative, sleep aide
Amerge	C	L3	migraine med

Amitriptyline (Elavil) TCA	D	L2	tricyclic antidepressant (TCA)
Amoxicillin	B	L1	antibiotic
Amoxicillin+Clavunilate	B	L1	antibiotic
Amphetamine	C	L4	powerful CNS stimulant
Ampicillin	B	L1	antibiotic
Anthrax Vaccine	C	L3	vaccine
Arginine	B	L3	amino acid food supplement
Aspirin	C-1-2, D-3rd	L3	NSAID, analgesic
Ativan	D	L3	antianxiety, sedative
Atrovent	B	L2	bronchodilator for asthma
Avandia	C	L3	oral antidiabetic
Axid	C	L2	reduces gastric acid secretion
Azithromycin	B	L2	antibiotic
Bactrim, Septra	C	L3	antibiotic
Beclomethasone	C	L2	inhaled steroid
Benadryl	C	L2	antihistamine
Biaxin	C	L2	antibiotic
BuSpar	B	L3	antidepressant
Caffeine	B	L2	stimulant
Carafate	B	L2	for peptic ulcers
Cardizem	C	L3	calcium channel blocker, antihypertensive
Ceclor	B	L2	antibiotic
Celebrex	C	L2	NSAID, antiinflammatory
Celexa	C	L3	antidepressant
Chlor-Trimeton	B	L3	antihistamine
Cipro	C	L3	antibiotic
Clarinet	C	L2	antihistamine
Claritin	B	L1	long-acting antihistamine
Cleocin	B	L3	antibiotic
Cleocin Vaginal	B	L2	antibiotic
Clonidine	C	L3	antihypertensive
Cocaine	C-1-2, X-3rd	L5	powerful CNS stimulant
Colace	C	L2	laxative
Compazine	C	L3	antiemetic, tranquilizer-sedative
CoQ10		L3	cofactor in electron transport chain
Coumadin	D	L2	anticoagulant
Cytotec	X	L3	gastric protectant, prostaglandin hormone

Darvocet-N	C	L2	mild narcotic analgesic
Demedex	B	L3	potent loop diuretic
Denavir	B	L3	antiviral
Depo-Provera	D	L1	L4 if used first 3 days postpartum---injectable progestational
Detrol	C	L3	urinary incontinence
Diazepam (Valium)	D	L3	L4 with chronic use---sedative, anxiolytic
Diflucan	C	L2	antifungal
Dilantin	D	L2	anticonvulsant
Dilaudid	C	L3	narcotic analgesic
Ditropan	B	L3	anticholinergic, antispasmodic
Doxepin (Sinequan)	C	L5	antidepressant
Dramamine	B	L2	antihistamine for vertigo and motion sickness
Dulcolax	C	L2	laxative
Dyazide	B	L3	diuretic
Echinacea		L3	herb
Effexor	C	L3	antidepressant, SSRI
Erythromycin	B	L1	L3 early postnatally (pyloric stenosis)---antibiotic
Famvir	B	L2	antiviral
Fexofenadine	C	L2	antihistamine
Fioricet, Fiorinal	D	L3	mild analgesic, sedative
Flagyl	B	L2	antibiotic, amebicide
Flexeril	B	L3	muscle relaxant, CNS depressant
Flonase, Flovent	C	L3	inhaled steroid
Floxin	C	L2	antibiotic
Flu Vaccine	C	L1	vaccine
Fluoxetine	C		L2 in older infants, L3 if used in neonatal period---antidepressant
Furosemide (Lasix)	C	L3	diuretic
Garlic		L3	herb
Ginko		L3	herb
Ginseng		L3	herb
Glucophage	B	L1	oral hypoglycemic
Glucosamine		L3	antiarthritic
Glucotrol, Glucotrol XL	C	L3	prolonged release hypoglycemic
Glyburide	B	L3	hypoglycemic, antidiabetic
Golytely	C	L3	bowel evacuant
Growth Hormone	C	L3	hormone
Guaifenesin	C	L2	cough suppressant

Gyne-Lotrimin	B-1-2, C-3rd	L1	antifungal	
Haldol	C	L2	antipsychotic	
Head & Shoulders, Selsun Blue		L3	topical antimicrobial	
Hep A Vaccine	C	L2	vaccine	
Hep B Immune Globulin	C	L2	immune globulin	
Hep B Vaccine	C	L2	vaccine	
Heparin	C	L1	anticoagulant	
Heroin	B	L5	narcotic analgesic	
Hydralazine	C	L2	antihypertensive	
Hydrocodone (Vicodin)	B	L3	narcotic analgesic	
Hydroxyzine (Atarax)	C	L1	antihistamine, antiemetic	
Ibuprofen	B-1-2, D-3rd	L1	NSAID, analgesic, antipyretic	
Imitrex	C	L3	antimigraine	
Imodium	B	L2	antidiarrheal	
Inderal	C	L2	beta-blocker, antihypertensive	
Indocin	B-1-2, D-3rd	L3	NSAID	
Insulin (Humulin)	B	L1	human insulin	
Iron		L1	metal supplement	
Kaopectate	C	L1	antidiarrheal	
Kava-Kava		L5	herb	
Keflex	B	L1	antibiotic	
Klonopin	C	L3	anticonvulsant	
Kwell	B	L4	pediculicide, scabicide	
Lamisil	B	L2	antifungal	
Lanoxin	C	L2	cardiac stimulant	
Lescol	X	L3	reduces blood cholesterol level	
Levaquin	C	L3	antibiotic	
Levodopa	C	L4	antiparkinsonian	
Lexapro	C	L3	in older infants	
Librium	D	L3	antianxiety, sedative	
Lisinopril (Zestril)	D	L3	antihypertensive, ACE inhibitor	
Lithium	D	L4	antimanic drug in bipolar disorders	INFANT ABSORBS 18-23% OF MED, SEV. RASH
Lomotil	C	L3	antidiarrheal	
Lopid	C	L3	antilipemic	
Lupron	X	L5	GnRH-agonist	
Lyme Disease Vaccine	C	L2	vaccine	
Lysine		L2	amino acid food supplement	

Macrobid	B	L2	antibiotic
Macrochantin	B	L2	urinary antibiotic
Maxair	C	L2	bronchodilator for asthmatics
Maxzide	B	L3	diuretic
Meclizine	B	L3	antivertigo, motion sickness
Meclizine (Antivert, Bonine)	B	L3	antiemetic, antivertigo, motion sickness
Melatonin	C	L3	hormone
Metoprolol (Toprol-XL)	B	L3	antihypertensive, beta blocker
Metrogel Vaginal	B	L2	antibiotic
Midrin		L3	for tension and migraines
Mirapex	C	L4	dopamine antagonist for parkinson's disease
MMR Vaccine	C	L2	vaccine
MOM, Mylanta, Maalox	B	L1	laxative, antacid
Monistat	C	L2	antifungal for candidiasis
Monopril	D	L3	L4 if used in neonatal period---antihypertensive, ACE inhibitor
Naproxen	B	L3	L4 for chronic use---NSAID, analgesic
Nasonex	C	L3	corticosteroid
Neo-Sinephrine	C	L3	decongestant
Neurontin	C	L3	antiseizure
Nexium	C	L2	reduces blood cholesterol level
Nicotine Patches	X, D-3	L2	nicotine withdrawal system
Nifedipine	C	L2	antihypertensive, calcium channel blocker
NTG	C	L4	vasodialator
Pamelor	D	L2	TCA
Patanal	C	L2	ophthalmic antihistamine
Paxil	B	L2	antidepressant, SSRI
PCP	X	L5	hallucinogen
Penicillin G	B	L1	antibiotic
Pepcid, Pepcid AC	B	L1	reduces blood cholesterol level
Pepto-Bismol	C-1-2, D-3rd	L3	antisecretory, antimicrobial salt
Percocet	B	L3	narcotic analgesic
Phenergan	C	L2	antihistamine, antiemetic
Phenobarbital	D	L3	long acting barbituate sedative, anticonvulsant
Plan B		L2	morning-after pill
Plavix	B	L4	platelet aggregation inhibitor
Polio Vaccine	C	L2	vaccine
PPD	C	L3	tuberculin skin test

Predisone, Prednisolone	C	L2	steroid, corticosteroid
Prevacid	B	L3	reduces stomach acid secretion
Prilosec	C	L2	reduces gastric acid secretion
Protonix	B	L2	supresses gastric acid production
Pseudoephedrine (Sudafed)	C	L3 acute use, L4 chronic use---	decongestant MAY INHIBIT MILK PRODUCTION
Pyridium	B	L3	urinary tract analgesic
Quinidine	C	L2	antiarrhythmic
Rabies Vaccine		L3	vaccine
Radiopaque Agents		L2	radiocontrast
Reglan	B	L2	GI stimulant, prolactin stimulant
Relenza	B	L3	treatment for flu
Restoril	X	L3	short-acting sedative
Retin-A		L3	Cat. B-topical, Cat. D for oral---acne treatment
Rhinocort	C	L3	corticosteroid
Rhogam		L2	Immune Globulin
Riboflavin (Vitamin B2)	A	L1	Vitamin
Rifampin	C	L2	antitubercular
Risperdal	C	L3	antipsychotic
Ritalin	C	L3	CNS stimulant, treatment for ADHD
Robitussin DM	C	L1	cough supressant
Rocephin	B	L2	antibiotic
Rogaine	C	L2 topically, L3 orally---	antihypertensive, hair restorative
Rubella Vaccine, Live	X	L2	live attenuated (measles) vaccine
Saccharin	C	L3	sweetner
Senokot		L3	laxative
Serevent	C	L2	long acting beta adrenergic bronchodilator
Seroquel	C	L4	antipsychotic
Silvadene Cream	B	L3	topical antimicrobial used for burns
Singulair	B	L3	antiasmatic
Smallpox Vaccine	C	L4	vaccine
Soma	C	L3	muscle relaxant, CNS depressant
Sonata	C	L2	hypnotic for insomnia
St. John's Wort		L2	herbal antidepressant
Synthroid	A	L1	thyroid supplement
Tagamet	B	L2	reduces gastric acid secretion
Tamiflu	C	L3	antiviral for Influenza A & B
Tavist	C	L4	antihistamine

Tea Tree Oil		L3	herbal antibacterial, antifungal
Tegretol	C	L2	antiseizure
Tequin	C	L3	antibiotic
Terazol vaginal	C	L3	antifungal
Terbutaline	B	L2	bronchodilator for asthmatics
Tessalon Perles	C	L3	cough supressant CHRONIC USE USUALLY CONTRAINDICATED IN LACTATION
Tetracycline	D	L2	antibiotic
Theophylline	C	L3	bronchodilator
Tigan	C	L4	antiemetic, antivertigo
Tobramycin ophthalmic	C	L3	antibiotic
Topomax	C	L3	anticonvulsant
Toradol	B-1-2, D-3rd	L2	NSAID, analgesic
Trazodone	C	L2	antidepressant, SSRI
Typhoid Vaccine	C		vaccine
Ultram	C	L3	analgesic
Unisom Nighttime	B	L4	sleep aide
Valerian Root		L3	herbal sedative
Valproic Acid (Depakote)	D	L2	anticonvulsant
Valtrex	B	L1	antiviral for HSV
Varicella Vaccine	C	L2	vaccine
Vasotec	C-1-2, D-3rd	L2	antihypertensive, ACE inhibitor
Verapamil	C	L2	calcium channel blocker, antihypertensive
Vitamin B-12	A	L1	vitamin
Vitamin B6	A	L2	L4 in high doses---vitamin
Vitamin D	A	L3	Vitamin
Vitamin E	A	L2	Vitamin
Wellbutrin	B	L3	antidepressant
Zantac	B	L2	reduces gastric acid secretion
Zelnorm	B	L3	treatment for IBS
Zocor	X	L3	reduces cholesterol
Zofran	B	L2	antiemetic
Zoloft	B	L2	antidepressant
Zomig	C	L3	migraine analgesic
Zosyn	B	L2	penicillin antibiotic
Zyprexa	C	L2	antipsychotic
Zyrtec	B	L2	antihistamine

Combination Medications

acetaminophen, chlorpheniramine, pseudoephedrine

Actifed Cold & Sinus
Comtrex Flu Therapy
Comtrex Allergy-Sinus
Sinutab Sinus Allergy
TheraFlu Flu & Cold
TheraFlu Flu & Sore Throat
Triaminicin Cold
Tylenol Allergy Sinus

PROBABLY SAFE; OBSERVE FOR SEDATION & MAY SUPPRESS MILK SUPPLY

acetaminophen, chlorpheniramine, dextromethorphan

Alka-Seltzer Plus Cold & Cough

PROBABLY SAFE; OBSERVE FOR SEDATION

acetaminophen, chlorpheniramine, pseudoephedrine, dextromethorphan

Comtrex Cough & Cold
Comtrex Day& Night Cold&Cough
Contac Severe Cold & Flu
Robitussin Flu
TheraFlu Cold & Cough
TheraFlu Flu & Cough
TheraFlu Flu, Cold, & Cough
TheraFlu Severe Cold & Congestion
Tylenol Cold Complete
Vicks 44M Cough, Cold & Flu

PROBABLY SAFE; OBSERVE FOR SEDATION & MAY SUPPRESS MILK SUPPLY

acetaminophen, pseudoephedrine, dextromethorphan

Alka-Seltzer Plus Liqui-gels (non-drowsy formula)
Alka-Seltzer Plus Cold & Flu (non-drowsy formula)
Comtrex Multi-Sx Cold & Cough (non-drowsy formula)
TheraFlu Max Strength (non-drowsy formula)
Tylenol Cold (non-drowsy formula)
Tylenol Flu (non-drowsy formula)
Vicks DayQuil Multi-Sx Cold/Flu
Sudafed Severe Cold Form (non-drowsy formula)

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

acetaminophen, pseudoephedrine

Alka-Seltzer Plus Cold & Sinus

Sinutab Sinus (non-drowsy formula)

Sinafed Cold & Sinus (non-drowsy formula)

Sinafed Sinus Headache (non-drowsy formula)

Tavist Sinus

Tylenol Sinus (non-drowsy formula)

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

acetaminophen, diphenhydramine

Tylenol PM

Tylenol Severe Allergy

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

acetaminophen, diphenhydramine, pseudoephedrine

Benadryl Allergy & Cold

Benadryl Allergy & Sinus Headache

Contac Day & Night Allergy/Sinus

Sudafed Max Strength Sinus Nighttime

Tylenol Fue Nighttime

PROBABLY SAFE; OBSERVE FOR SEDATION & MAY SUPPRESS MILK SUPPLY

acetaminophen, diphenhydramine, pseudoephedrine, dextromethorphan

Contac Day & Night Cold & Flu

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

acetaminophen, guaifenesin, pseudoephedrine

Robitussin Cold & Sinus

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

acetaminophen, guaifenesin, pseudoephedrine, dextromethorphan

Robitussin Multi-Sx Cold & Flu

Sudafed Multi-Sx Cold & Cough

TheraFlu Max Strength Flu & Congestion

TheraFlu Max Strength Flu, Cold & Congestion

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

chlorpheniramine, pseudoephedrine

Chlor-Trimeton Allergy-D

Histex

Sudafed Cold & Allergy

PROBABLY SAFE; OBSERVE FOR SEDATION & MAY SUPPRESS MILK SUPPLY

dextromethorphan, pseudoephedrine

Robitussin Cough & Cold
Robitussin PE
Robitussin Severe Congestion
Robitussin DM
Vicks 44D Cough & Head Congestion Relief

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

diphenhydramine, pseudoephedrine

Benadryl Allergy & Sinus

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

guaifenesin, dextromethorphan

Sinutab Non-Drying
Vicks 44E Cough & Chest

PROBABLY SAFE

guaifenesin, dextromethorphan, pseudoephedrine

Robitussin CF
Robitussin Cold & Cough
Robitussin Cold & Sinus

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

guaifenesin, pseudoephedrine

Duratuss
Duratuss GP
Entex PSE
Guaifed
Guaifed
Guaifenex

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

ibuprofen, pseudoephedrine

Advil Cold & Sinus
Dristan Sinus

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

naproxen, pseudoephedrine

Aleve Cold & Sinus
Aleve Sinus & Headache

PROBABLY SAFE BUT MAY SUPPRESS MILK SUPPLY

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