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## **GESTATIONAL DIABETES SCREENING**

You will be screened for gestational diabetes at your next visit. Gestational Diabetes is diabetes related only to pregnancy. It is best detected between 24-28 weeks gestation.

### **To prepare:**

- Refrain from eating, drinking or chewing gum two (2) hours before your office visit. Water is okay. You do not need to fast after midnight.
- Come to the office for your scheduled appointment. Notify the appointment secretary that you are having your sugar test. She will arrange for the assistant to bring you your drink.
- Your blood will need to be drawn one (1) hour after drinking the glucola.

We will have the results the next day and will contact you only if the results are ABNORMAL.

If the one hour screen is high, then you would need to have a three hour diabetic test. We will contact you to set this up.

If this test is normal, it is usually the last of the blood tests.