



# Smoking Cessation

**The Austin Diagnostic Clinic  
Smoking Cessation  
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*For additional information about  
The Austin Diagnostic Clinic, our doctors or  
services, please visit us at [adclinic.com](http://adclinic.com)*



**The Austin Diagnostic Clinic**  
*Let Our Family Care for Your Family*

**Surgeon General's Warning:**  
Quitting Smoking Now  
Greatly Reduces Serious  
Risks to Your Health.

## Did You Know?

- Cigarette smoking is a major risk factor in heart disease.
- Cigarette smoking is directly linked to cancer of the lung.
- Cigarette smoking is a major factor in emphysema, chronic bronchitis, and upper respiratory disease.
- Cigarette smoking is addictive and may result in death.



## With Help You Can Stop Smoking Now...

The smoking cessation program directed by Everett Heinze, M.D., Board Certified Neurologist with The Austin Diagnostic Clinic, has a high success rate in assisting people to completely stop smoking.



*Everett Heinze, MD*

This program involves the use of acupuncture. The procedure consists of placing two small needles into the right ear. These decrease the physical withdrawal symptoms a former smoker can experience. The needles remain in place for one to three weeks.

You can enter Dr. Heinze's smoking cessation program. For more information, or to schedule an appointment, please call (512) 901-4861.

*Thirty million Americans  
have stopped smoking for a  
good reason --  
They want to feel better  
and live longer.*